

**PATIENT REGISTRATION**

Patient Last Name: \_\_\_\_\_ First Name \_\_\_\_\_

Sex: F M Date of Birth: \_\_\_\_\_ Age \_\_\_\_\_ Social Security # \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell \_\_\_\_\_

Marital Status: S M D W Employer Name: \_\_\_\_\_

Referred by: \_\_\_\_\_ Personal Physician: \_\_\_\_\_

**FOR CHILDREN UNDER THE AGE OF 18:**In the event of an emergency, and I cannot be contacted, I give my permission to the doctors or the persons under their instruction to treat my child in their office or hospital as required by the events of that emergency situation.

Parent's signature: \_\_\_\_\_

**GUARANTOR (RESPONSIBLE PARTY) INFORMATION**

Name: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

Sex: F M Date of Birth: \_\_\_\_\_ Social Security # \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell \_\_\_\_\_

Employer Name: \_\_\_\_\_

**PRIMARY INSURANCE INFORMATION**

Insurance Name: \_\_\_\_\_ ID# \_\_\_\_\_ Group # \_\_\_\_\_

Address: \_\_\_\_\_ Phone #: \_\_\_\_\_

Subscriber Name: \_\_\_\_\_ Employer: \_\_\_\_\_ Social Security # \_\_\_\_\_

Effective Date: \_\_\_\_\_ Subscriber Birth date: \_\_\_\_\_ Relationship to patient: \_\_\_\_\_

**SECONDARY INSURANCE INFORMATION**

Insurance Name: \_\_\_\_\_ ID# \_\_\_\_\_ Group # \_\_\_\_\_

Address: \_\_\_\_\_ Phone #: \_\_\_\_\_

Subscriber Name: \_\_\_\_\_ Employer: \_\_\_\_\_ Social Security # \_\_\_\_\_

Effective Date: \_\_\_\_\_ Subscriber Birth date: \_\_\_\_\_ Relationship to patient: \_\_\_\_\_

**MEDICAL RELEASE AUTHORIZATION**

I AUTHORIZE THE Adult and Pediatric Allergy Center of Northern Virginia to apply for benefits on my behalf for covered services rendered. I request payment be made directly to the above named provider. I certify that the information I have reported with regard to my insurance coverage is correct and further authorize the release of any necessary information, including medical information for this of any related claim, to the above named billing agent and or the insurance company named above. I permit a copy of this authorization to be used in place of the original. This authorization may be revoked by either me or the above named carrier at any time in writing. I understand I will be responsible for all charges made for services as well as all costs of collections and reasonable attorney fees (minimum \$15) if this account is placed in the hands of an attorney.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

HEALTH HISTORY

Name \_\_\_\_\_ Age \_\_\_\_\_ Today's Date \_\_\_\_\_  
Birth Date \_\_\_\_\_ Date of last physical examination \_\_\_\_\_ Primary Care Dr. \_\_\_\_\_

I. Check the problem(s) which bring you to our office:

- Anaphylaxis (shock)     Asthma     Ear problems     Eczema     Eye problems     Food Allergy
- Hives     Polyps     Rhinitis ("Hay fever")     Serum sickness     Sinusitis (sinus infections)
- Stinging Insect Allergy     Swelling     Other \_\_\_\_\_

II. MEDICATIONS (List medications you are currently taking, including all over the counter and supplements): \_\_\_\_\_

III. ALLERGIES (To medications or substances): \_\_\_\_\_

IV. SYMPTOMS (Check symptoms you currently have or have had in the past year):

GENERAL

- Chills
- Depression
- Dizziness
- Fainting
- Fever
- Forgetfulness
- Headache
- Loss of sleep
- Nervousness
- Numbness
- Sweats
- Weight loss

SKIN

- Bruise easily
- Hives
- Itching
- Change in moles
- Rash
- Scars
- Sore that won't heal

GASTROINTESTINAL

- Appetite poor
- Bloating
- Constipation
- Diarrhea
- Excessive hunger
- Excessive thirst
- Gas
- Hemorrhoids
- Indigestion
- Nausea
- Rectal bleeding
- Stomach pain
- Vomiting
- Vomiting blood

WOMEN ONLY

Are you pregnant? Yes  No

EYE/ EAR/ NOSE/ THROAT

- Bleeding gums
- Blurred vision
- Crossed eyes
- Difficulty swallowing
- Double vision
- Earache
- Ear discharge
- Hay fever
- Hoarseness
- Loss of hearing
- Nosebleeds
- Persistent cough
- Ringing in ears
- Sinus problems
- Vision – flashes
- Vision – halos

MUSCLE/JOINT/BONE

- Pain, weakness, numbness in:
- Arms     Hips
  - Back     Legs
  - Feet     Neck
  - Hands     Shoulder

GENITO-URINARY

- Blood in urine
- Frequent urination
- Lack of bladder control
- Painful urination

CARDIOVASCULAR

- Chest pain
- High blood pressure
- Irregular heart beat
- Low blood pressure
- Poor circulation
- Rapid heart beat
- Swelling of ankles
- Varicose veins

V. CONDITIONS (Check conditions you have or have had in the past):

- AIDS     Diabetes     Hives     Recurrent sinus infections
- Alcoholism     Ear infections     Kidney disease     Rheumatic fever
- Anemia     Emphysema     Liver disease     Scarlet fever
- Anorexia     Epilepsy     Lupus     Skin rashes
- Appendicitis     Glaucoma     Measles     Stroke
- Arthritis     Goiter     Migraine headaches     Suicide attempt
- Asthma     Gonorrhea     Miscarriage     Thyroid problems
- Bleeding Disorders     Gout     Mononucleosis     Tonsillitis
- Breast Lump     Heart Disease     Mumps     Tuberculosis
- Bronchitis     Hepatitis     Pacemaker     Typhoid fever
- Bulimia     Hernia     Pneumonia     Ulcers
- Cancer     Herpes     Polio     Vaginal infections
- Cataracts     High blood pressure     Prostate problem     Venereal disease
- Chemical Dependency     High cholesterol     Psychiatric care
- Chicken Pox     HIV positive     Recurrent upper respiratory tract infections

**Adult and Pediatric Allergy Center of Northern Virginia; 100 Elden Street, Suite 10; Herndon, VA 20170**

**VI. FAMILY HISTORY:**

Fill in health information about your family:

| Relation | Age | State of health | Age at Death | Cause of Death |
|----------|-----|-----------------|--------------|----------------|
| Father   |     |                 |              |                |
| Mother   |     |                 |              |                |
| Brothers |     |                 |              |                |
|          |     |                 |              |                |
|          |     |                 |              |                |
|          |     |                 |              |                |
| Sisters  |     |                 |              |                |
|          |     |                 |              |                |
|          |     |                 |              |                |
|          |     |                 |              |                |
|          |     |                 |              |                |

| Check if your blood relative had any of the following: |                     |
|--|---------------------|
| Disease  | Relationship to you |
| Asthma, hay fever                                      |                     |
| Cancer   |                     |
| Chemical dependency                                    |                     |
| Diabetes   |                     |
| Heart Disease  |                     |
| High Blood Pressure                                    |                     |
| Kidney Disease   |                     |
| Lupus/Rheumatoid Arthritis                             |                     |
| Pulmonary (lung) Disease                               |                     |
| Tuberculosis   |                     |
| Other  |                     |
|  |                     |

**VII. HOSPITALIZATIONS/SURGERIES:**

| Year | Reason for hospitalization or surgery |
|------|---------------------------------------|
|      |                                       |
|      |                                       |
|      |                                       |
|      |                                       |
|      |                                       |

**VIII. PATIENT SOCIAL HISTORY:**

- Marital status:  Single  Married  Separated  Divorced  Widowed
- Use of alcohol:  Never  Rarely  Moderate  Daily
- Use of tobacco:  Never  Previously, but quit  Current, packs/day \_\_\_\_\_
- Use of drugs:  Never Type/ Frequency \_\_\_\_\_
- Excessive exposure at home, work or school to:  Fumes  Dust  Solvents  Airborne particles  Smoke
- Your occupation: \_\_\_\_\_

**IX. ENVIRONMENTAL HISTORY:**

- Age of your home: \_\_\_\_\_ How long have you lived there? \_\_\_\_\_
- Your home is a(n):  Detached home  Apartment  Townhouse
- Heat at home is (check all that apply):  Forced warm air (central heating)  Electric baseboard  Wood stove  Radiator (steam/hot water)
- Air conditioning at home:  None  Central  Window units, \_\_\_\_\_ Bedroom \_\_\_\_\_ Living room/family room
- Humidifier at home:  None  Central (furnace)  Room unit, location \_\_\_\_\_
- Air cleaner/purifier at home:  None  Central (furnace)  Room unit, location \_\_\_\_\_
- Type of mattress on the patient's bed:  Regular  Air mattress  Waterbed  Other \_\_\_\_\_ Age of mattress \_\_\_\_\_
- Dust mite covers?  Yes  No If yes, they are on  Mattress  Box Springs  Pillows  Comforters
- Type of pillow on the patient's bed:  Foam/ fiber-filled  Feather  Other \_\_\_\_\_ Age of pillow \_\_\_\_\_
- Type of comforter on the patient's bed:  Down-filled  Polyester fill  Cotton fill  Other \_\_\_\_\_
- Carpeting: In the home:  Wall to wall  Area rug  None  
Patient's bedroom:  Wall to wall  Area rug  None
- What fur-bearing pets do you have?  None  Cat(s)  Dog(s)  Other \_\_\_\_\_
- Do you have feathered pets?  No  Yes
- Do these pets have access to the patient's bedroom?  Never  Sometimes  Often

**AT THIS TIME BELOW IS A LIST OF INSURANCE COMPANIES THAT WE PARTICIPATE WITH:**

AETNA CHOICE POS II  
AETNA HEALTHFUND  
AETNA OPEN ACCESS ELECT CHOICE EPO  
AETNA OPEN ACCESS MANAGED CHOICE  
AETNA OPEN CHOICE PPO  
AETNA TRADITIONAL CHOICE INDEMNITY

**\*\* We do not participate in ALL Aetna Products. It is your responsibility to call before being seen to confirm participation and benefits.**

ANTHEM BC/BS PPO  
ANTHEM BC/BS FEDERAL EMPLOYEE  
ANTHEM BC/BS TRIGON PPO

BLUE CROSS BLUE SHIELD PPO

CCN PPO  
CIGNA PPO  
CIGNA OPEN ACCESS

FIRST HEALTH PPO

GEHA PPO  
GREAT WEST PPO

HUMANA PPO

MAMSI HEALTH AND LIFE PPO  
MULTIPLAN PPO

NCPPO

ONE HEALTH PPO  
ONE NET

PHCS PPO  
PRINCIPAL PPO

NALC

UNITED HEALTHCARE PPO  
UNITED HEALTH CARE SELECT AND SELECT PLUS (POS AND EPO)  
UNICARE PPO

**THE FOLLOWING ARE A LIST OF HMO'S OR MANAGED CARE COMPANIES WE PARTICIPATE WITH:**

AETNA ELECT CHOICE EPO  
AETNA MANAGED CHOICE POS  
ANTHEM TRIGON HMO  
BC/BS CAPITAL CARE OR BLUE CHOICE HMO  
CAREFIRST  
CIGNA HMO  
HEALTHKEEPERS HMO  
OPTIMUM CHOICE  
UNITED HEALTHCARE CHOICE AND CHOICE PLUS HMO

IF YOU ARE A MEMBER OF ONE OF THE ABOVE HMO PLANS IT IS **YOUR RESPONSIBILITY** TO HAVE AN UP TO DATE AND ACCURATE REFERRAL AT THE TIME OF YOUR APPOINTMENT. IF YOU HAVE NOT OBTAINED A REFERRAL, IT IS EXPIRED, OR DID NOT BRING IT WITH YOU; YOU WILL BE RESPONSIBLE FOR ALL CHARGES.

**WE DO NOT GUARANTEE PARTICIPATION, BENEFITS, OR COVERAGE WITH INSURANCE COMPANIES. IT IS THE PATIENT'S/PARENT'S RESPONSIBILITY TO CONFIRM OUR PARTICIPATION AND BENEFITS WITH THEIR INSURANCE COMPANY.**

WE SUGGEST THAT YOU CALL THE PHONE NUMBER ON THE BACK OF YOUR INSURANCE CARD TO CONFIRM OUR PARTICIPATION AND YOUR BENEFITS PRIOR TO YOUR APPOINTMENT.

IF YOU PARTICIPATE WITH AN INSURANCE COMPANY NOT LISTED ABOVE WE WILL FILE YOUR CLAIM AS A COURTESY. YOU WILL BE RESPONSIBLE TO PAY YOUR BILL IN FULL AT THE TIME OF THE APPOINTMENT.

WE DO NOT PARTICIPATE IN ANY **MEDICAID** PLANS.

WE HAVE OPTED OUT OF **MEDICARE**. NO BENEFITS WILL BE PAID BY MEDICARE. PLEASE SEE FRONT DESK STAFF FOR MEDICARE CONTRACT.

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE

## **Patient Information**

### **What is an Allergist?**

An allergist is a specialist who has had training in internal medicine or pediatrics and subsequently special training in the field of allergy and immunology, which diagnoses and treats allergic diseases. These diseases include seasonal and/or year-round nasal or eye symptoms, nasal polyps, asthma, hives, food allergies, insect sting allergy and certain drug allergies.

Your physicians in this office are certified allergy specialists, Diplomates of the American Board of Allergy and Immunology (a cojoin board of Internal Medicine and the American Board of Pediatrics) as well as fellows of the American Academy of Allergy and Immunology.

### **Will I still need a Family Physician?**

Because we are specialists, we do not provide primary care. If you do not already have a primary care physician, we will be glad to assist you in finding one. Routine physicals, non-allergic problems, acute infections and emergencies should be referred to your primary physician. We will send a report on your allergy evaluation to your referring physician. We will provide continuing outpatient care of your allergy problems.

### **Insurance**

It is your responsibility as a patient to understand the terms of your insurance policy. This includes obtaining a valid referral before services can be rendered by this office. The patient is responsible for any charges not covered by their insurance policy including co-pays and deductibles, or if a valid referral was not obtained.

### **Appointments**

Patients are seen by appointment Monday through Friday. The office is open Monday 9:00 a.m. to 5:30 p.m., Tuesday through Thursday 9:00 a.m. to 6:00 p.m., and Friday 9:00 a.m. to 4:00 p.m. Call (703) 689-2000 to make an appointment. Please call several months prior to when the appointment should be scheduled.

### **Cancellations**

If you are unable to keep an appointment, please call the office as soon as possible. We request that cancellations be made at least 24 hours in advance as this allows us to give you and all our patients better service. If the office is closed, please call the answering service at (703) 255-4590. Appointments not cancelled within 24 hours will result in charge of \$25.00.

### **Prescription Refills**

We will be glad to refill routine prescriptions during our regular office hours. Just have your pharmacist call during regular office hours, and we will refill prescriptions over the telephone. Office policy is that patients are required to have been seen within the past year in order to have a prescription refilled. Refills made after office hours will be assessed a charge of \$10.00.

### **Telephone Calls**

Please feel free to call during office hours if you have any questions regarding your condition, medications or therapy. If our medical assistants are unable to answer your questions, then a physician will return your call. If you have an emergency, the primary doctor should be notified first. If an admission to the hospital is necessary, this can be done by your family physician. We will be glad to consult with him or her concerning any allergic factors at his or her request.

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Signature of Patient/Parent if Minor

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Date

# Adult and Pediatric Allergy Center of Northern Virginia

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## EMERGENCY CONTACT INFORMATION

PATIENT NAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

If patient is a minor please include parents information:

PARENT NAME \_\_\_\_\_

HOME # \_\_\_\_\_ WORK # \_\_\_\_\_

CELL # \_\_\_\_\_

PARENT NAME \_\_\_\_\_

HOME # \_\_\_\_\_ WORK # \_\_\_\_\_

CELL # \_\_\_\_\_

### EMERGENCY CONTACTS

Please provide two emergency contacts.

NAME \_\_\_\_\_

RELATIONSHIP \_\_\_\_\_

HOME # \_\_\_\_\_ WORK # \_\_\_\_\_

CELL # \_\_\_\_\_

NAME \_\_\_\_\_

RELATIONSHIP \_\_\_\_\_

HOME # \_\_\_\_\_ WORK # \_\_\_\_\_

CELL # \_\_\_\_\_